THOMAS WALKER CONSULTING

TWC WORKPLACE SOLUTIONS

Workplace Solutions

Stronger leaders. Healthier workplaces. Sustainable performance.

Training · Leadership Development · Coaching · Consulting

Mentally Healthy Work

- Psychosocial Safety & Psychological Resilience
- Mental Health & Performance Conversations
- Workplace Mental Health Capability
- Psychosocial Risk & Leadership
- Mental Health Resources & Workplace Support

Mental Health First Aid Training

ACCREDITED MHFA PROGRAMS

- Standard Mental Health First Aid
- MHFA Refresher
- Conversations About Suicide
- Engaging Senior Leaders in MHFA
- Public Courses
- On-site & Blended Delivery

Leadership & Performance

- Leader as Coach: Foundations
- Leader as Coach: Applied Practice
- Transformational Leadership
- Building Resilient Leaders
- Brave Conversations
- Mindset Mastery

Coaching Psychology

- Executive & Leadership Coaching
- Leader as Coach Development Pathway
- CBC-Informed Coaching
- ACT-Informed Coaching
- 6-Month Development Coaching
- Group Coaching & Practice Clinics

From one workshop to sustained capability

LEARN → APPLY → REFLECT → EMBED

Standalone programs or tailored organisational pathways available.

Explore Workplace Solutions

thomaswalkerconsulting.com.au

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Scan to explore